



February 2006..v5

### Happy Love Month!

This month is dedicated to Valentines Day - (of course)...anything with love, sex and for couples in love. I wanted to get this newsletter out closer to Valentines day rather than on the first of the month, however next month's newsletter will be out on the usual first weekend of the month.

I realize that my newsletter goes out to those of many faiths and beliefs, and in spite of my content being that of the metaphysical persuasion I work on helping everyone. Please take the knowledge I give and educate yourself of that which you intend to either use or educate yourself to understand someone else. I will warn you ahead of time for those of you who are faiths that do not follow paganism Valentines day has it's origins there. *"Wise is the one who is well versed than the fool who ridicules out of ignorance!"* I've already started on next months issue and I assure you in the months to come you'll see a strong transformation headed for expansion worldwide!

**Brightest Blessings & Warmest Wishes,**  
Mona Magick

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### Sex Magick

*Disclaimer: Although sex can be beautiful not to mention powerful, be mindful that taking ownership of your actions is important. Please discuss the more carnal topics such as contraception if the possibility of pregnancy is not mutual; and sexual health protection of not transmitting or receiving sexually transmitted diseases. Furthermore, make sure that if in a monogamous relationship you are prepared to deal with the perils of your partner finding out about your sexual liaison with someone other than he or she. If you are uncertain with the above issues involving raising power through sex then you may want to consider masturbation as an overall safer method. And remember sex should be between mature consensual adults. Sex Magick is not for everyone, and like anything - know your partner...in this case spiritually as well.*

Sex and sexuality play a large part in many religions. Myths are derived from sex based ancient myths. For instance, in the Dianic myth, Diana falls in love with her image and makes love to herself. From this, she gives birth to a son, and her brother Lucifer. Lucifer is her other half, and she falls in love with him, chasing him across the universe, pinning for him to make love to her. In Greek mythology, Gaia gives birth to the sea (Pontus) and the sky (Uranus). She achieves this parthenogenetically (without male intervention). Gaia took Uranus as her son and from him, she gave birth to the twelve titans, six males and six females. From them the Gods of Olympus took place there of the Greek mythology. Within many

### Origins of Valentines



The holiday of Valentine's Day probably derives it's origins from the ancient Roman feast of Lupercalia. As early as the fourth century B.C., the Romans engaged in an annual young mans rite of passage to the god Lupercus. The names of teenage women were placed in a box and drawn at random by adolescent men; thus, a man was assigned a woman companion, for their mutual entertainment and pleasure (often sexual), for the duration of a year, after which another lottery was staged. Determined to put an end to this eight-hundred-year-old practice, the early church fathers sought a "lovers saint to replace the deity Lupercus. They found a likely candidate in Valentine, a bishop who had been martyred some two hundred years earlier.

In Rome in A.D. 270, Valentine had enraged the mad emperor the mad emperor Claudius II, who had issued an edict forbidding marriage. Claudius felt that married men made poor soldiers, because they were loath to leave their families for battle. The empire needed soldiers, so Claudius, never one to fear unpopularity, abolished marriage.

Valentine, bishop of Interamna, invited young

circles, the Great Rite is performed, either symbolically with an athame and a chalice, or actually between the High Priest and the High Priestess (or the initiate and High Priest/ess).

Sex can also be used to raise power within the circle/group. Power is raised so that it can be drawn upon anytime throughout the ritual to aid in the spells/ritual being performed. Sex between consenting adults, or solo masturbation can be used. Sex between two or more people needn't be heterosexual, as homosexual sex can be just as powerful. For a woman, the time of menstruation is her most powerful time, and performing sex magic at this time will be more potent than at any other time. If you prefer not to be penetrated, mutual masturbation works just as well, as long as the orgasm is achieved. Alternatively, it can be performed during your most fertile, the height of ovulation. If your period is regular, 28 day cycle, then this would be around 2 weeks after the first day of your last period (or if you are in rhythm with the Moon's cycles, then this should fall on the Full Moon - doubly as powerful!). But remember, this is also the time that pregnancy can also occur, so unless you do want to get pregnant, make sure that you use condoms.

### [More On Sex Magick...](#)

### **Ask Mona!**

**Q:** My husband is away a lot (we just don't have sex anymore) and I contracted an STD from my lover. Is there a spell that can get rid of this?

**A:** We all make mistakes, I'm hoping that you care not to repeat yours again. The answer to your question is simply "NO". The magick you speak of is with your physician. Yes, the medicine in which your doctor prescribes may be considered the magickal formulae to relinquish this ailment but these days many std's have mutated beyond of what strengths the average herb(s) alone can help you. I may add that you may want to consider getting to the root of your issue by going to a professional counselor so that it does not reoccur. From a spiritual standpoint, I see this as a new beginning for you that you are not prepared to venture into just yet. Is it love or lust you seek? Try loving yourself "first" as you can always lust with someone at the drop of a hat, however, love is priceless! Incorporate this lust with your husband if possible. If after this you don't see any changes then I may recommend some handy spells to do the job. Please educate yourself regarding your sexual actions to guard yourself, husband and other partner of any problems that this may bring upon.. I've suggested some links below, help you decide which avenue you may want to take. My blessing of strength, direction & health go out to you.

### **Online Health & Sex Education References**

Mona Magick Herbal Reference:

[http://www.monamagick.com/resources\\_herbal2.html](http://www.monamagick.com/resources_herbal2.html)

lovers to come to him in secret, where he joined them in the sacrament of matrimony. Claudius learned of this "friend of lovers," and had the bishop brought to the palace. The emperor, impressed with the young priests dignity and conviction, attempted to convert him to the Roman gods, to save him from otherwise certain execution. Valentine refused to renounce Christianity and imprudently attempted to convert the emperor. On February 24, 270, Valentine was clubbed, stoned, then beheaded.

History also claims that while Valentine was in prison awaiting execution, he fell in love with the blind daughter of the jailer, Asterius. Through his unswerving faith, he miraculously restored her sight.

He signed a farewell message to her "From Your Valentine," a phrase that would live long after its author died. From the Church's standpoint, Valentine seemed to be the ideal candidate to usurp the popularity of Lupercus. So in A.D. 496, a stern Pope Gelasius outlawed the mid-February Lupercian festival. But he was clever enough to retain the lottery, aware of Romans love for games of chance. Now into the box that had once held the names of available and willing single women were placed the names of saints. Both men and women extracted slips of paper, and in the ensuing year they were expected to emulate the life of the saint whose name they had drawn. Admittedly, it was a different game, with different incentives; to expect a woman and draw a saint must have disappointed many a Roman male. The spiritual overseer of the entire affair was its patron saint, Valentine. With

For further help on your questions regarding sex:

US: <http://www.plannedparenthood.com/pp2/portal/medicalinfo/>

UK: <http://www.medicdirect.co.uk/clinics/default.ihtml?step=2&id=271>

### Relationship & Marital Counseling

Alternative help:

[http://www.feelgoodcounseling.com/relationship\\_counseling\\_online.htm](http://www.feelgoodcounseling.com/relationship_counseling_online.htm)

If you are of the *Christian Faith*:

<http://www.christian-counseling-online.com/Christian-Counselor.html>

If you are of the *Jewish Faith*:

<http://www.relationshipjourney.com/rsrj.html>

If you are of the *Islamic Faith*:

<http://www.islamonline.net/English/family/INDEX.shtml>

reluctance, and the passage of time, more and more Romans relinquished their pagan festival and replaced it with the Church's holy day.

### In This Month...

February 2006

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01 02 03 04 05

06 07 08 09 10 11 12

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05☾ | 12☾ | 21☾ | 27●

02 Imbolic

02 Ground Hog Day

02-04 Expo/Dubai

05 First Quarter Moon

12 New Moon

14 **Valentines Day**

21 Third Quarter Moon

27 Full Moon

### Quick Links...

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### Spell of the Month



#### Feng Shui Money Into Your Life!

This month I wanted to concentrate more on energy than giving everyone a spell. It's not secret the lack of money has been the source of many dysfunctions within a relationship! So give it a try and help your love life by allowing more money your way!

### Here's some simple guidelines to follow:

Determine where the southeastern corner of your home is. The Southeastern sector of your home governs both your cash flow as well as your faith in the idea that you will always be able to create money.

- **Get rid of clutter:** The planet Venus rules prosperous energy. Venus won't enter a dirty home. Piles of junk serve as an obstacle so that positive energy cannot pool and accumulate in your space.
- **Close your lids:** If you have a toilet in this area and there is nothing you can do about it, then make sure that you keep the lid closed at all times to keep your cash from being "flushed away." This applies to trash cans too!
- **Dead Plants Dead:** Dead or withering plants get rid of them!: Anything obviously decomposing is antithetical to the energy of prosperity and should be removed from this area. This also includes artwork showing anything dead or negative.

- **Fountains:** This is one the two best places in the entire bagua to place a flowing fountain. The other is your Career sector. Flowing water represents the flowing of money. The Chinese consider wood or bamboo fountains to be especially auspicious when placed in this area. *Goldfish* -This is a great area to put an aquarium. Traditionally the Chinese place eight orange or yellow gold fish and one black goldfish in an aquarium to attract money. The number 8 represents prosperity in Feng Shui. The idea too is that if misfortune hits your family, then the ninth black goldfish will die and receive the misfortune instead of you. You can also buy the traditional Chinese poster of this image in Chinese specialty shops.
- **Broken Objects make you Broke:** Get rid of them!. The theory is that " If it's broke, you probably are too! "Remove anything that doesn't work including clocks that keep the wrong time, dead batteries and similar decrepit items from this area. Also replace any burnt out light bulbs, as it is essential that this area be well lit.

### What's Ahead!



I recently exhibited in Dubai UAE (United Arab Emerattes) for the [Well Being Show](#), it was absolutely wonderful! Thank you all who came for your readings and took the journey so far to see me! Mark your calendars for my next show in London, United Kingdom and San Fransico in the US! Stay tooned for a overall site changes and additional staff!